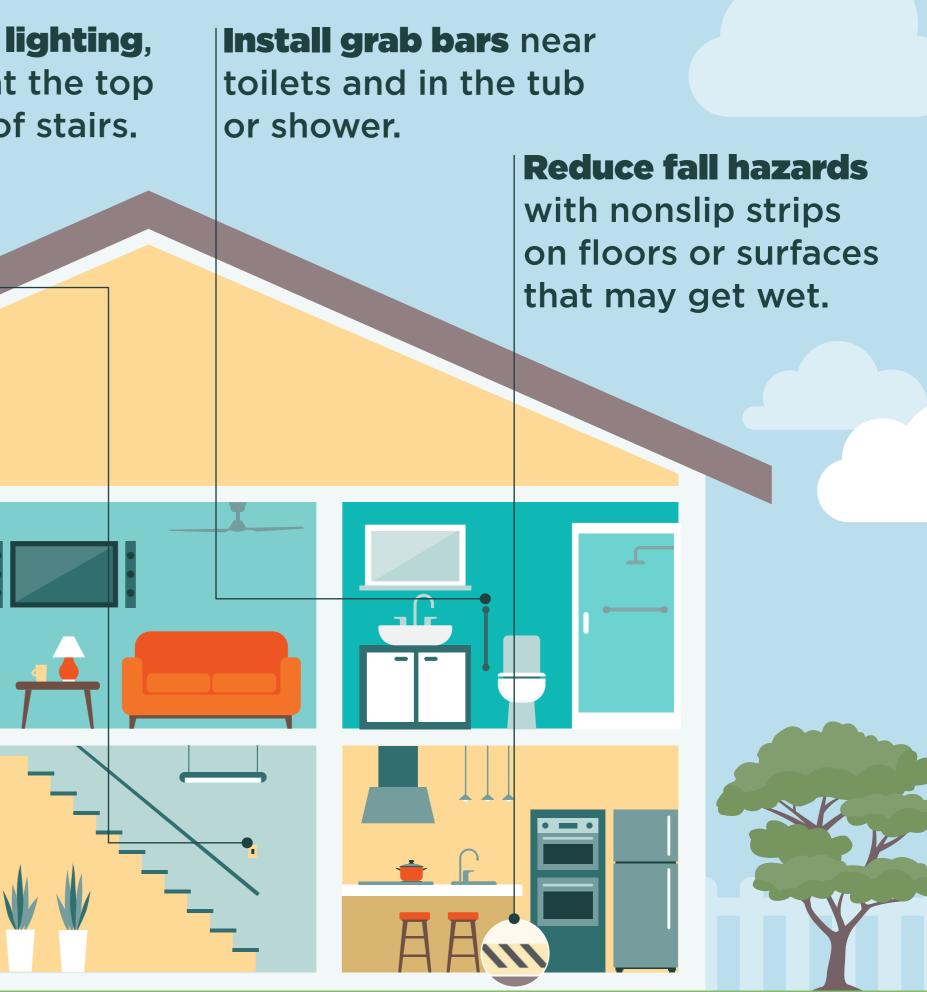
Home safety tips for older acuts

A few changes could make your home easier and safer to live in and help you continue to live independently. **Remove area rugs** and fix all carpets firmly to the floor. **Ensure good lighting**, particularly at the top and bottom of stairs.

Install a ramp with handrails to the front door.

For more information, visit **www.nia.nih.gov/aging-in-place**.





National Institute on Aging